

# CEHA Newsletter



## President's Message

After 2 years of trials, tribulations and unprecedented pressure to our mental and physical stamina; there are signs of light at the end of the tunnel. Or is there? The pandemic has put everything we know under intense pressure, but it is from great pressure that the most precious diamonds are formed. My friends, you have all been pushed and prodded, fired to the hottest degree and cooled to the coldest, but you have all emerged tempered and battle hardened. Keeping in perspective the hit you must all have taken in your family and social lives; I must say you are better professionals precisely due to it.

After navigating a pandemic, what else can be bigger in the field of public health? Isn't that the question? The successful response to the pandemic is testament of your skill set, readiness and capabilities. It proves that your knowledge base is impeccable, and you can deliver if you are provided the tools you require.

continued on page 2...

---

Talking about tools, you are all being challenged again to guide the communities you serve and keep them engaged during the surveillance phase of Covid-19 with its unfolding variants. You are also being confronted with emerging challenges to food service regulation and public health safety through innovations that are adding cannabis (THC) and hemp (CBD) to food items that were not mainstream in Connecticut pre-pandemic. Just another day in the life of an Environmental Health Specialist, right? Isn't this what keeps it interesting and I daresay, exciting? It is never dull being at the forefront of public health and saving millions of lives every day with a single decision to discard unwholesome food to prevent foodborne illness outbreak, order repair of a failed septic system to prevent ingestion of contaminated water and ordering abatement/remediation of Lead to prevent childhood lead poisoning.

I know you all wear invisible capes and leap over continents in a single bound, but please protect yourself out there and excel as you always do! The Connecticut Environmental Health Association (CEHA) needs you!

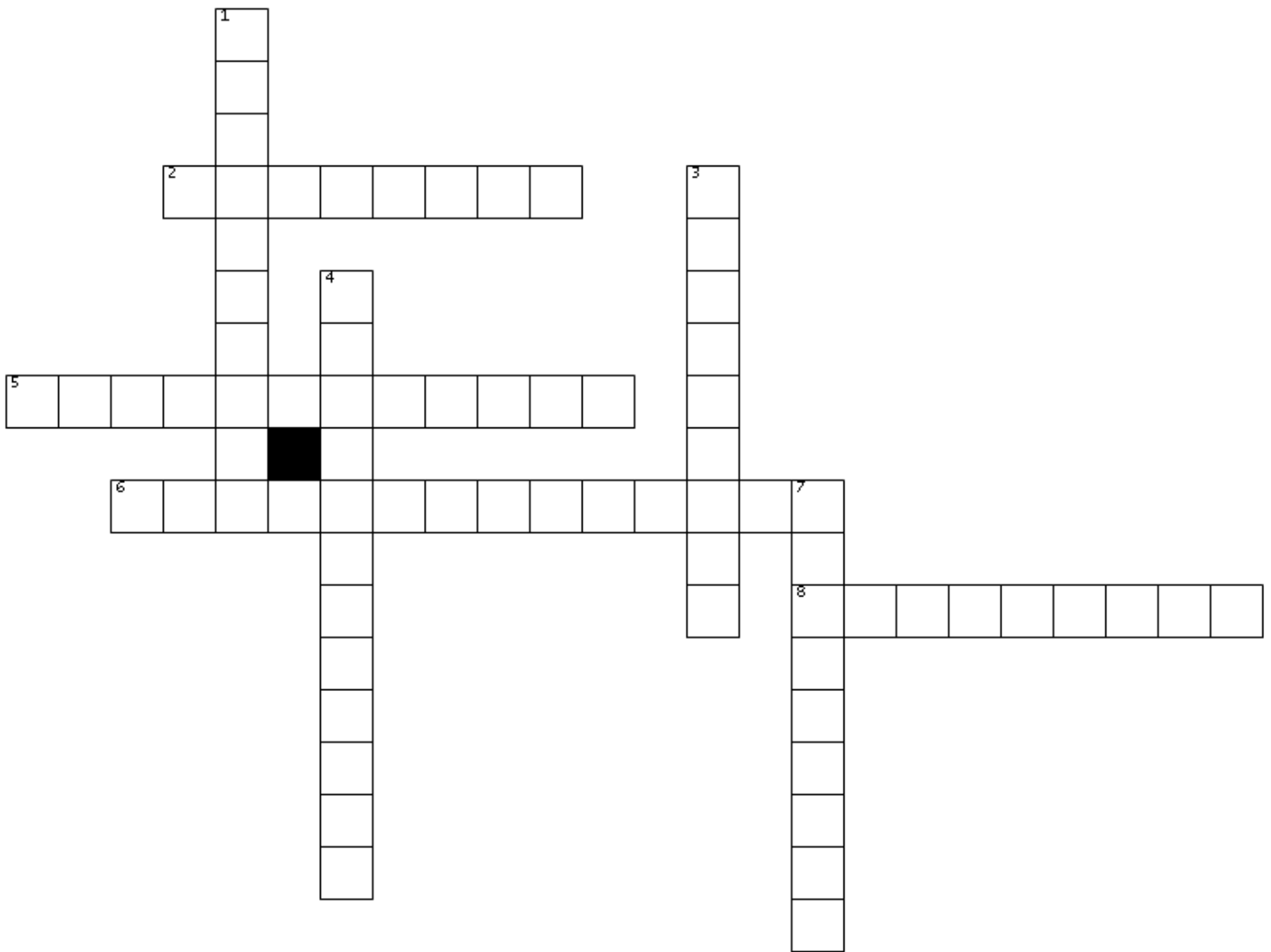
-Chris Butter. CEHA President 2022



# Subsurface Septic Training on 4/27



# Environmental Health Crossword



## ACROSS

2. Water that has percolated through a solid and leached out some of the constituent.
5. The branch of science that deals with microorganisms.
6. The process of heating milk to kill pathogenic microorganisms.
8. A general term to describe particles or waves of energy emitted from unstable atoms or electrons losing energy.

## DOWN

1. What type of soil has a minimum percolation rate slower than one inch in sixty minutes when the groundwater level is at least eighteen inches below the bottom of the percolation test hole.
3. \_\_\_\_\_ typically occur once a venous blood lead level is  $\geq 45 \mu\text{g/dL}$ .
4. The branch of medicine which deals with the incidence, distribution, and possible control of diseases and other factors relating to health.
7. Thought to be the most common cause of acute gastroenteritis (diarrhea and vomiting illness) around the world.



## Join our Newsletter Committee!

CEHA is looking for people to join our Publicity Committee to contribute articles to our Newsletter. If you enjoy writing and creating content, please contact Lisa Yu for more information.

Email: [Lyu@hvhd.us](mailto:Lyu@hvhd.us)

## Join our Food Committee!

CEHA is looking for people to join our Food Committee to discuss all Food Safety Topics. The next upcoming Zoom meeting is June 15th, at 4pm, please contact Katie Baldwin to register.

Email: [Kbaldwin@llhd.org](mailto:Kbaldwin@llhd.org)